

August 2019

(AWT) Following the name of the meeting indicates an All Weather Track Fixture
 Capital letters are used to represent the Flat Race Meetings
 Jump fixtures are shown in lower case (Red type)

† Denotes evening racing
 • Twilight racing

		North	Midlands	South	Day
1	Thursday		NOTTINGHAM Stratford-On-Avon	† EPSOM DOWNS † FFOS LAS GOODWOOD	Thursday
2	Friday	† MUSSELBURGH	Bangor-On-Dee † NEWMARKET WOLVERHAMPTON (AWT)	† BATH GOODWOOD	Friday
3	Saturday	DONCASTER † HAMILTON PARK THIRSK	NEWMARKET	CHELMSFORD CITY (AWT) GOODWOOD † LINGFIELD PARK	Saturday
4	Sunday		CHESTER Market Rasen		Sunday
5	Monday	† CARLISLE RIPON		KEMPTON PARK (AWT) † WINDSOR	Monday
6	Tuesday	CATTERICK BRIDGE † RIPON	† NOTTINGHAM	NEWBURY	Tuesday
7	Wednesday	PONTEFRACT	† YARMOUTH	BATH BRIGHTON † KEMPTON PARK (AWT)	Wednesday
8	Thursday	HAYDOCK PARK † NEWCASTLE (AWT)	YARMOUTH	BRIGHTON † SANDOWN PARK	Thursday
9	Friday	† HAYDOCK PARK MUSSELBURGH THIRSK	† NEWMARKET	BRIGHTON † CHELMSFORD CITY (AWT)	Friday
10	Saturday	† AYR HAYDOCK PARK REDCAR	NEWMARKET	ASCOT CHELMSFORD CITY (AWT) † LINGFIELD PARK	Saturday
11	Sunday		LEICESTER	WINDSOR	Sunday
12	Monday	AYR CATTERICK BRIDGE	† WOLVERHAMPTON (AWT)	† WINDSOR	Monday
13	Tuesday	† CARLISLE	NOTTINGHAM	FFOS LAS † LINGFIELD PARK (AWT)	Tuesday
14	Wednesday	BEVERLEY	† Worcester	† KEMPTON PARK (AWT) Newton Abbot SALISBURY	Wednesday
15	Thursday	BEVERLEY	† YARMOUTH	† CHEPSTOW LINGFIELD PARK (AWT) SALISBURY	Thursday
16	Friday	† THIRSK	† NEWMARKET NOTTINGHAM WOLVERHAMPTON (AWT)	† CHELMSFORD CITY (AWT) NEWBURY	Friday
17	Saturday	DONCASTER Perth RIPON	† Market Rasen NEWMARKET	† BATH NEWBURY	Saturday
18	Sunday	PONTEFRACT	Southwell		Sunday

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19	Monday	CATTERICK BRIDGE	† Bangor-On-Dee	LINGFIELD PARK (AWT) † WINDSOR	Monday
20	Tuesday	HAMILTON PARK	† YARMOUTH	BRIGHTON KEMPTON PARK (AWT) † Newton Abbot	Tuesday
21	Wednesday	CARLISLE YORK	† Worcester	BATH † KEMPTON PARK (AWT)	Wednesday
22	Thursday	YORK	† LEICESTER Stratford-On-Avon	CHEPSTOW † Fontwell Park	Thursday
24	Friday	YORK	NEWMARKET	† CHELMSFORD CITY (AWT) FFOS LAS † GOODWOOD † SALISBURY	Friday
24	Saturday	Cartmel † REDCAR YORK	NEWMARKET	CHELMSFORD CITY (AWT) GOODWOOD † WINDSOR	Saturday
25	Sunday	BEVERLEY	YARMOUTH	GOODWOOD	Sunday
26	Monday (Bank Holiday)	Cartmel RIPON	SOUTHWELL (AWT)	CHEPSTOW EPSOM DOWNS	Monday
27	Tuesday	† MUSSELBURGH RIPON		† BATH EPSOM DOWNS	Tuesday
28	Wednesday	CATTERICK BRIDGE MUSSELBURGH	† Worcester	† KEMPTON PARK (AWT) LINGFIELD PARK	Wednesday
29	Thursday	CARLISLE † Sedgefield		CHELMSFORD CITY (AWT) FFOS LAS † Fontwell Park	Thursday
30	Friday	† HAMILTON PARK † NEWCASTLE (AWT) THIRSK	Bangor-On-Dee † WOLVERHAMPTON (AWT)	SANDOWN PARK	Friday
31	Saturday	BEVERLEY	CHESTER WOLVERHAMPTON (AWT)	† CHELMSFORD CITY (AWT) † LINGFIELD PARK (AWT) Newton Abbot SANDOWN PARK	Saturday

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		North	Midlands	South	Day
1	Sunday		Worcester	BRIGHTON	Sunday
2	Monday	† Hexham		BRIGHTON CHEPSTOW † WINDSOR	Monday
3	Tuesday	CATTERICK BRIDGE		GOODWOOD † KEMPTON PARK † SALISBURY	Tuesday
4	Wednesday	† HAMILTON PARK	Southwell Uttoxeter	BATH † CHELMSFORD CITY (AWT)	Wednesday
5	Thursday	HAYDOCK PARK Sedgefield		† CHELMSFORD CITY (AWT) † LINGFIELD PARK SALISBURY	Thursday
6	Friday	HAYDOCK PARK † MUSSELBURGH NEWCASTLE (AWT)		ASCOT † KEMPTON PARK (AWT)	Friday
7	Saturday	HAYDOCK PARK THIRSK	Stratford-On-Avon • WOLVERHAMPTON (AWT)	ASCOT KEMPTON PARK (AWT)	Saturday
8	Sunday	YORK		Fontwell Park	Sunday
9	Monday	Perth	• WOLVERHAMPTON (AWT)	BRIGHTON Newton Abbot	Monday
10	Tuesday	CATTERICK BRIDGE † Kelso	LEICESTER Worcester		Tuesday
11	Wednesday	CARLISLE DONCASTER	Uttoxeter	• KEMPTON PARK (AWT)	Wednesday
12	Thursday	DONCASTER		• CHELMSFORD CITY (AWT) CHEPSTOW EPSOM DOWNS	Thursday
13	Friday	DONCASTER	CHESTER	† SALISBURY SANDOWN PARK	Friday
14	Saturday	DONCASTER † MUSSELBURGH	CHESTER	BATH CHELMSFORD CITY (AWT) LINGFIELD PARK	Saturday
15	Sunday			BATH FFOS LAS	Sunday

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		North	Midlands	South	Day
16	Monday	THIRSK	Worcester	BRIGHTON • KEMPTON PARK (AWT)	Monday
17	Tuesday	• NEWCASTLE (AWT) REDCAR	YARMOUTH	CHEPSTOW	Tuesday
18	Wednesday	BEVERLEY † Kelso	YARMOUTH	SANDOWN PARK	Wednesday
19	Thursday	AYR PONTEFRACT	• SOUTHWELL (AWT) YARMOUTH	• CHELMSFORD CITY (AWT)	Thursday
20	Friday	AYR • NEWCASTLE (AWT)		NEWBURY Newton Abbot	Friday
21	Saturday	AYR CATTERICK BRIDGE	NEWMARKET • WOLVERHAMPTON (AWT)	CHELMSFORD CITY (AWT) NEWBURY	Saturday
22	Sunday	HAMILTON PARK		Plumpton	Sunday
23	Monday	HAMILTON PARK	LEICESTER Warwick	• KEMPTON PARK (AWT)	Monday
24	Tuesday	BEVERLEY	Warwick	• CHELMSFORD CITY (AWT) LINGFIELD PARK (AWT)	Tuesday
25	Wednesday	• NEWCASTLE (AWT) Perth REDCAR		GOODWOOD • KEMPTON PARK (AWT)	Wednesday
26	Thursday	Perth PONTEFRACT	NEWMARKET • SOUTHWELL (AWT)	• CHELMSFORD CITY (AWT)	Thursday
27	Friday	HAYDOCK PARK • NEWCASTLE (AWT)	NEWMARKET Worcester		Friday
28	Saturday	HAYDOCK PARK RIPON	CHESTER Market Rasen NEWMARKET	• CHELMSFORD CITY (AWT)	Saturday
29	Sunday	MUSSELBURGH		EPSOM DOWNS	Sunday
30	Monday	HAMILTON PARK	• WOLVERHAMPTON (AWT)	BATH Newton Abbot	Monday

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		North	Midlands	South	Day
1	Tuesday	AYR Sedgefield	Southwell	• KEMPTON PARK (AWT)	Tuesday
2	Wednesday	• NEWCASTLE (AWT)	Bangor-On-Dee Huntingdon NOTTINGHAM	• KEMPTON PARK (AWT)	Wednesday
3	Thursday		Warwick • WOLVERHAMPTON (AWT)	• CHELMSFORD CITY (AWT) LINGFIELD PARK (AWT) SALISBURY	Thursday
4	Friday	Hexham	• SOUTHWELL (AWT)	ASCOT Fontwell Park	Friday
5	Saturday	REDCAR	NEWMARKET • WOLVERHAMPTON (AWT)	ASCOT Fontwell Park	Saturday
6	Sunday	Kelso	Uttoxeter		Sunday
7	Monday	• NEWCASTLE (AWT) PONTEFRACT	Stratford-On-Avon	WINDSOR	Monday
8	Tuesday	CATTERICK BRIDGE	LEICESTER	BRIGHTON • CHELMSFORD CITY (AWT)	Tuesday
9	Wednesday	• NEWCASTLE (AWT)	Ludlow NOTTINGHAM Towcester	• KEMPTON PARK (AWT)	Wednesday
10	Thursday	AYR	• SOUTHWELL (AWT) Worcester	Exeter • KEMPTON PARK (AWT)	Thursday
11	Friday	• NEWCASTLE (AWT) YORK	NEWMARKET	Chepstow	Friday
12	Saturday	Hexham YORK	NEWMARKET • WOLVERHAMPTON (AWT)	Chepstow	Saturday
13	Sunday			GOODWOOD Newton Abbot	Sunday
14	Monday	MUSSELBURGH	• WOLVERHAMPTON (AWT) YARMOUTH	WINDSOR	Monday
15	Tuesday		Hereford Huntingdon LEICESTER	• KEMPTON PARK (AWT)	Tuesday
16	Wednesday	Wetherby	NOTTINGHAM • SOUTHWELL (AWT)	BATH • KEMPTON PARK (AWT)	Wednesday
17	Thursday	Carlisle	• WOLVERHAMPTON (AWT)	BRIGHTON • CHELMSFORD CITY (AWT) Wincanton	Thursday
18	Friday	HAYDOCK PARK • NEWCASTLE (AWT) REDCAR	Fakenham Uttoxeter		Friday
19	Saturday	CATTERICK BRIDGE	Market Rasen Stratford-On-Avon • WOLVERHAMPTON (AWT)	ASCOT Ffos Las	Saturday
20	Sunday	Sedgefield		Kempton Park	Sunday

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21	Monday	PONTEFRACT	• SOUTHWELL (AWT)	Plumpton WINDSOR	Monday
22	Tuesday	NEWCASTLE (AWT)	YARMOUTH	Exeter • KEMPTON PARK (AWT)	Tuesday
23	Wednesday		NEWMARKET • WOLVERHAMPTON (AWT) Worcester	Fontwell Park • KEMPTON PARK (AWT)	Wednesday
24	Thursday	Carlisle	Ludlow Southwell • WOLVERHAMPTON (AWT)	• CHELMSFORD CITY (AWT)	Thursday
25	Friday	DONCASTER • NEWCASTLE (AWT)	Cheltenham	NEWBURY	Friday
26	Saturday	DONCASTER Kelso	Cheltenham	• CHELMSFORD CITY (AWT) NEWBURY	Saturday
28	Sunday	Aintree		Wincanton	Sunday
28	Monday	Ayr REDCAR	LEICESTER	• KEMPTON PARK (AWT)	Monday
29	Tuesday	CATTERICK BRIDGE	Bangor-On-Dee • SOUTHWELL (AWT)	Chepstow	Tuesday
30	Wednesday		Fakenham NOTTINGHAM • WOLVERHAMPTON (AWT)	• KEMPTON PARK (AWT) Taunton	Wednesday
31	Thursday		Stratford-On-Avon	• CHELMSFORD CITY (AWT) • KEMPTON PARK (AWT) LINGFIELD PARK (AWT) Newton Abbot	Thursday

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		North	Midlands	South	Day
1	Friday	• NEWCASTLE (AWT) Wetherby	NEWMARKET Uttoxeter		Friday
2	Saturday	Ayr Wetherby	NEWMARKET	Ascot • CHELMSFORD CITY (AWT)	Saturday
3	Sunday	Carlisle	Huntingdon		Sunday
4	Monday	• NEWCASTLE (AWT)	Hereford	KEMPTON PARK (AWT) Plumpton	Monday
5	Tuesday	REDCAR	SOUTHWELL (AWT)	Exeter • KEMPTON PARK (AWT)	Tuesday
6	Wednesday	Musselburgh	NOTTINGHAM • WOLVERHAMPTON (AWT)	Chepstow • KEMPTON PARK (AWT)	Wednesday
7	Thursday	Sedgefield	Market Rasen • SOUTHWELL (AWT)	• CHELMSFORD CITY (AWT) Newbury	Thursday
8	Friday	Hexham • NEWCASTLE (AWT)	Warwick	Fontwell Park	Friday
9	Saturday	Aintree DONCASTER Kelso	• SOUTHWELL (AWT)	Wincanton	Saturday
10	Sunday			Ffos Las Sandown Park	Sunday
11	Monday	Carlisle	Stratford-on-Avon	Kempton Park	Monday
12	Tuesday		Hereford Huntingdon	Lingfield Park	Tuesday
13	Wednesday	Ayr	Bangor-On-Dee	Exeter	Wednesday
14	Thursday	Sedgefield	Ludlow	Taunton	Thursday
15	Friday	Newcastle	Cheltenham Southwell		Friday
16	Saturday	Wetherby	Cheltenham Uttoxeter • WOLVERHAMPTON (AWT)	LINGFIELD PARK (AWT)	Saturday
17	Sunday		Cheltenham	Fontwell Park	Sunday

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		North	Midlands	South	Day
18	Monday		Leicester • SOUTHWELL (AWT) WOLVERHAMPTON (AWT)	Plumpton	Monday
19	Tuesday		Fakenham	• CHELMSFORD CITY (AWT) KEMPTON PARK (AWT) Lingfield Park	Tuesday
20	Wednesday	Hexham	Warwick	Chepstow • KEMPTON PARK (AWT)	Wednesday
21	Thursday	NEWCASTLE (AWT)	Market Rasen	• CHELMSFORD CITY (AWT) Wincanton	Thursday
22	Friday	Catterick Bridge • NEWCASTLE (AWT)		Ascot Ffos Las	Friday
23	Saturday	Haydock Park	Huntingdon • WOLVERHAMPTON (AWT)	Ascot LINGFIELD PARK (AWT)	Saturday
24	Sunday		Uttoxeter	Exeter	Sunday
25	Monday	Musselburgh	Ludlow	Kempton Park	Monday
26	Tuesday	Sedgefield	Southwell • WOLVERHAMPTON (AWT)		Tuesday
27	Wednesday	Wetherby	Hereford SOUTHWELL (AWT)	• KEMPTON PARK (AWT)	Wednesday
28	Thursday		Towcester	• CHELMSFORD CITY (AWT) LINGFIELD PARK (AWT) Taunton	Thursday
29	Friday	Doncaster	SOUTHWELL (AWT)	• KEMPTON PARK (AWT) Newbury	Friday
30	Saturday	Doncaster Newcastle	Bangor-On-Dee • WOLVERHAMPTON (AWT)	Newbury	Saturday

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		North	Midlands	South	Day
1	Sunday	Carlisle	Leicester		Sunday
2	Monday	Musselburgh	• WOLVERHAMPTON (AWT)	Plumpton	Monday
3	Tuesday		Southwell • WOLVERHAMPTON (AWT)	Lingfield Park	Tuesday
4	Wednesday	Haydock Park	Ludlow	• KEMPTON PARK (AWT) LINGFIELD PARK (AWT)	Wednesday
5	Thursday		Leicester Market Rasen • SOUTHWELL (AWT)	Wincanton	Thursday
6	Friday	• NEWCASTLE (AWT) Sedgefield		Exeter Sandown Park	Friday
7	Saturday	Aintree Wetherby	• WOLVERHAMPTON (AWT)	Chepstow Sandown Park	Saturday
8	Sunday	Kelso	Huntingdon		Sunday
9	Monday	Musselburgh • NEWCASTLE (AWT)		LINGFIELD PARK (AWT)	Monday
10	Tuesday		Uttoxeter • WOLVERHAMPTON (AWT)	Fontwell Park	Tuesday
11	Wednesday	Hexham	Leicester	• KEMPTON PARK (AWT) LINGFIELD PARK (AWT)	Wednesday
12	Thursday	Newcastle	Warwick	• CHELMSFORD CITY (AWT) Taunton	Thursday
13	Friday	Doncaster	Bangor-On-Dee Cheltenham	• CHELMSFORD CITY (AWT)	Friday
14	Saturday	Doncaster NEWCASTLE (AWT)	Cheltenham Hereford • WOLVERHAMPTON (AWT)		Saturday
15	Sunday	Carlisle	Southwell		Sunday
16	Monday		• WOLVERHAMPTON (AWT)	Ffos Las Plumpton	Monday
17	Tuesday	Catterick Bridge	Fakenham	Lingfield Park	Tuesday
18	Wednesday	• NEWCASTLE (AWT)	Ludlow	LINGFIELD PARK (AWT) Newbury	Wednesday
19	Thursday		SOUTHWELL (AWT) Towcester • WOLVERHAMPTON (AWT)	Exeter	Thursday
20	Friday		SOUTHWELL (AWT) Uttoxeter • WOLVERHAMPTON (AWT)	Ascot	Friday
21	Saturday	Haydock Park Newcastle		Ascot LINGFIELD PARK (AWT)	Saturday
22	Sunday				Sunday

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		North	Midlands	South	Day
23	Monday				Monday
24	Tuesday				Tuesday
25	Wednesday				Wednesday
26	Thursday	Sedgefield Wetherby	Huntingdon Market Rasen WOLVERHAMPTON (AWT)	Fontwell Park Kempton Park Wincanton	Thursday
27	Friday	Wetherby	WOLVERHAMPTON (AWT)	Chepstow Kempton Park	Friday
28	Saturday	Catterick Bridge	Leicester	LINGFIELD PARK (AWT) Newbury	Saturday
29	Sunday	Doncaster Kelso	SOUTHWELL (AWT)		Sunday
30	Monday	Haydock Park		LINGFIELD PARK (AWT) Taunton	Monday
31	Tuesday		Uttoxeter Warwick	LINGFIELD PARK (AWT)	Tuesday